Should I Get a COVID-19 Test?





= A test is not necessary

Do you have any COVID-19 related symptoms?

Common symptoms include:

- chills
- cough
- sore throat
- runny nose
- congestion
- body ache
- fever of 100.4 or more
- shortness of breath
- difficulty breathing
- loss of taste or smell
- diarrhea
- fatique
- headache
- nausea
- vomiting

Yes





Exposed to COVID-19 or a close contact of someone with COVID-19?



Regardless of vaccination status. get tested if you have COVID-19 symptoms.

First, isolate and get tested immediately. If positive, refer to testing positive isolation quidance. If you test negative and symptoms resolve you may leave isolation. If you test negative and symptoms persist, contact your medical provider. For more information on isolation & quarantine visit:

Coronavirus.Marinhhs.org/ isolation-and-quarantine

Students & Families: Testing guidance is different for school settings. View online: Coronavirus.MarinHHS.org/ schools

My antigen test was positive. do I test again?



Treat a positive like a positive.

PCR tests are not required to confirm a positive antigen test.



completed a vaccination series or have vou received a booster dose? Yes No

Have you recently





Quarantine for **5 days** after exposure. It can end after day 5 if symptoms don't develop AND with a negative test on day 5. Wear a well-fitted mask around others for 10 days after date of exposure. If you test positive or symptoms develop, follow testing positive isolation guidance.

Taking a COVID-19 self-test? Scan the QR code to report the results: Coronavirus.MarinHHS.org



Take a COVID-19 test on day 5 after exposure. Wear a well-fitted mask around others for 10 days after date of exposure. If you test positive or symptoms develop, follow testing positive isolation guidance.

