

# Are you COVID-19 Positive?

Follow this guide to keep yourself and others safe.



If you have tested positive for COVID-19, **regardless of vaccination status** you **must**:

- Self-isolate immediately for at least **5 days** starting from your first day of symptoms or positive test result.
  - ! **Isolation** separates symptomatic and COVID-19 positive people from others who are not sick.
- Wear a mask around others for a total of **10 days**.
- Isolation can end after day 5 if; no symptoms emerge **and** a test is taken on **day 5** with a negative result.
- Isolate for **10 days** if not tested and symptoms are resolving or not present.
- If fever is present, isolation should be continued **until it resolves**. If symptoms other than fever are present, isolate until they resolve or until **after day 10**.

## Are you sick, but not sure if you have COVID-19?



If you have COVID-19 symptoms, **regardless of vaccination status**, you **must**:

- Quarantine and monitor symptoms
  - ! **Quarantine** separates and restricts contact with others to see if you become sick.
- Get tested immediately

## Have You Been Exposed to Someone that is COVID-19 Positive?

*If you were in close contact with someone who is positive or presenting COVID-19 symptoms and...*



You are a **RECENTLY FULLY VACCINATED** or **BOOSTED** without symptoms, you do not need to quarantine, but you **must**:

- Wear a mask around others **for 10 days**, especially in indoor settings.
- Get a COVID-19 test on **day 5**.
- If you test positive or if symptoms develop, stay home and follow isolation recommendations above.



You are **NOT FULLY VACCINATED\*** or are **ELIGIBLE** for a **BOOSTER** but have **not received one, and are without symptoms** you **must**:

- Quarantine for **at least 5 days**
- Take a COVID-19 test on **day 5**.
- Quarantine can end on or after **day 5** if symptoms are not present **and** a test is taken on **day 5** with a negative result.
- If unable or choose to not test, quarantine can end **on day 10** if no symptoms are present.
- Wear a mask around others for **10 total days**, especially in indoor settings.
- If you develop symptoms, test, stay home, and follow isolation recommendations above.